

# The Net

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St. Peter's By The Sea Lutheran Church  
Church Phone: 619-224-2894 • Fax: 619-224-3830  
Preschool Phone: 619-224-1689

## Worship Services

**Sunday Worship: 9:30am**  
(Nursery Care provided)

Children's Choir Practice:  
Sunday, 8:45am

Evening Prayer: Wednesday, 6:30pm

## Staff

**Rev. Karen Marohn**, Pastor  
[pastor@stpetersbythesea.org](mailto:pastor@stpetersbythesea.org)

**Janine Morrow**, Office Administrator  
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**Doris DeChenne**, Director of Music  
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[preschool@stpetersbythesea.org](mailto:preschool@stpetersbythesea.org)

**Betty Wells**  
Health Outreach Ministry

**Christy Gilsdorf**  
Newsletter Designer

## 2018 Council

Jane Christensen, Christina Doering,  
Colleen Doering, Jim Grutkowski,  
Richard Nielsen, Patricia Pepper,  
Ellen Schmeding, Deirdre Slaughter,  
John Smart, Darlene Truver

## Pastor's Report

### On Synod Assembly

Every year each of the 65 synods of the ELCA gather in synod assembly to hear reports of what has gone on during the past year, to elect people to serve in synod and Churchwide leadership capacities, to deliberate issues and to consider and approve a synod budget. We also hear from our bishops. Part of those letters are printed here. If you want to read their full letters or read more about what happened at the Pacifica Synod Assembly held May 18 and 19th in Palm Desert, simply go to [www.pacificasynod.org](http://www.pacificasynod.org) and click on the "Go and Tell" Assembly link. Jim Grutkowski and Darlene Morrow-Truver attended the Assembly with your pastor as voting members. Jeff Cours was also in attendance as a synod council member. He has finished his 2nd term on the Synod Council and received a certificate of thanks for his years of service. Blessings on your spring days! Pastor Karen Marohn



Dear Friends in Christ,

We are Lutheran. For the past year it has been "all Reformation all the time!" So now what? The Lutheran Confessions teach that God freely and graciously creates a trusting relationship between us and Jesus. As we gather to meet in synod assemblies, let us remember that our hope is in the living Christ and share that assurance with the joy of the gospel.

Through the death and resurrection of Jesus Christ, we are free of the burden of making ourselves acceptable to God. The cross of Christ and the living Christ assure us that God's final word for us is life and freedom in Christ. Lutherans confidently and enthusiastically claim this promise: "For freedom Christ has set us free" (Galatians 5:1). How does this claim affect your faith journey as an individual, a congregation, synod or member of the church universal? Through his death and resurrection, we have a truly living Lord who meets us, forgives us and calls us to follow, and in that we find our freedom.

Because we are set free in Jesus Christ, we are free from trying to save ourselves and free for loving and serving others. As a church, we walk by faith, trusting God's promise in the

gospel and knowing that we exist by and for the proclamation of this gospel word. Wherever you are for your synod assembly, from the Alaska Synod to the Caribbean Synod, there is something that we all have in common – our life in Christ. We have our life in Christ – in the crucified and risen Savior, in the one who poured out his life for us, the one who gave himself away for the life of the world so we may be free. As Lutheran Christians, we live in the freedom of Christ.

With gratitude, The Rev. Elizabeth A. Eaton, Presiding Bishop, Evangelical Lutheran Church in America



*But now, apart from law, the righteousness of God has been disclosed, and is attested by the law and the prophets, the righteousness of God through faith in Jesus Christ for all who believe. For there is no distinction, since all have sinned and fall short of the glory of God; they are now justified by his grace as a gift, through the redemption that is in Christ Jesus – Romans 3:21-24*

These verses were read at services throughout our synod last October as we commemorated the 500th anniversary of the Reformation. But we did not commemorate this anniversary alone. We were joined by ecumenical sisters and brothers in remembering the Reformation in every area in our Synod, joining with Roman Catholics, Episcopalians and other people of faith in services that took place in San Diego, Orange County, the Inland Empire, and Hawaii. We joined to worship and praise God in unity, to give thanks for the good news that God reaches out to us with grace, and to repent of the ways in which the legacy of the Reformation divided, acknowledging that our human faults and frailties have caused hurt to others.

The church has changed much over the years, and continues to change. But it has also sought to remain the same. We continue to seek to preach the gospel and administer the sacraments in ways that bring hope and life to one another, and to use that hope and life in service to our neighbors, our communities, and the world. But the church is always finding new and different ways to share that gospel, seeking ministries that help their neighbors both in their spiritual and physical needs. I am amazed and humbled by the ways in which the congregations, worshipping communities, and institutions and agencies of the Pacifica Synod seek to share the gospel, and I am honored to serve as your bishop, doing what I can to connect our congregations with each other in the Synod and in the ELCA, and to reach out globally with the good news of Jesus Christ. May God's blessing be upon our synod, and through us, may the world be blessed.

Rev. Andrew A. Taylor, Bishop, Pacifica Synod

### Music Notes

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Summer is upon us and our choir has moved to the “walk-in” choir on Sunday mornings. We are meeting at 9:10 sharp and practicing each Sundays anthem and trying to also practice the following Sundays as well!

Please feel welcome to join us!

Our children will be rehearsing on Sunday mornings and singing through June! We have a lively group but would LOVE to have your child join us.

All are welcome!

Doris DeChenne, Music Director



The Congregation Council held their monthly meeting on May 8, 2018. The following reports are from the Treasurer:

<b>Budget Recap</b>	<b>April Actual</b>	<b>Year-to-Date Actual</b>	<b>Year-to-Date Budget</b>	<b>Difference Actual: Budget</b>
<b>Income</b>	<b>\$34,572.92</b>	<b>\$141,773.12</b>	<b>\$108,846.88</b>	<b>\$32,926.24</b>
<b>Expense</b>	<b>\$25,326.85</b>	<b>\$107,692.12</b>	<b>\$108,847.60</b>	<b>&lt;\$1,155.48&gt;</b>
<b>Difference</b>	<b>\$9,246.07</b>	<b>\$34,081.00</b>		

All Are Welcome – Restoration and Renovation Campaign:

	<b>April 2018</b>
<b>Begning Balance</b>	<b>\$173,860.34</b>
<b>Income</b>	<b>\$1,014.08</b>
<b>Expense</b>	<b>\$0.00</b>
<b>Ending Balance</b>	<b>\$174,874.42</b>

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### Education



#### Vacation Bible School (VBS)

We will be holding VBS the week of July 23 to 27. Registration is open until we have 50 children registered. The registration form is on the website or hard copies in the fellowship hall and office. If you have a morning or two open that week we would love to have you volunteer. Please contact Colleen Doering for more information.

Our theme this year is “God’s Good Creation” and children ages 4 years (Pre-K) through 6th grade are invited to attend; older youth, grade 7 and up are invited to be helpers

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### Preschool News

The end of the school year is quickly approaching and the summer months are just around the corner.

The merry month of May provided us with many wonderful events. We enjoyed our annual Mother’s Day Tea, *Teacher Appreciation Week* and a beautiful Graduation Ceremony for our Pre-K students.

In June we have our Father’s Day Lunch and begin a month of Ocean Life learning experiences.

Summer fun and preschool pool days are just around the corner.

Blessings!  
Denise Langlois, Director



## Stewardship Moment

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*From the May 6th talk given by Charles (CCL) and Elaine (ERL) Lauger:*

**CCL:** I grew up in the Lutheran church. My parents were involved church members with activities like Luther League and confirmation. My mother was my church's secretary in Illinois when I was a kid. I joined St Peter's in 1984 after moving to San Diego for my first job after college. My first Sunday at St Peter's happened to be the annual church picnic. I didn't have anything planned for that afternoon so I showed up and was welcomed by everyone. When the picnic was over, I believe it was Bruce Tippie who was helping to load folding tables into Earl Edward's pickup truck. I offered to help and they said "You don't have to do that." But I said, "Why not?" After that Sunday, I started attending regularly. After a while, I started helping out one Sunday a month with the sound and lights. And that's about all I did around here for three and a half years.

**ERL:** I was born in San Diego and my parents took me to Bethany Lutheran Church down the street. They were the first who taught me about tithing and giving, and being involved in the church. We moved around the United States because my father was in the Navy. As I grew older, I did a lot of traveling and had many computer jobs. After moving back to San Diego in September 1987, I did some "church visiting" and one of the last churches I visited was St Peter's. Sometime in January 1988, Ida Edwards was the greeter and the first person to welcome me, very enthusiastically. After a couple of months of attending the services, I felt called to introduce myself and to get to know the people here better.

**CCL:** Elaine and I started dating and she started attending new members classes. We attended the "Pairs and Spares" social group outings. During pre-marriage counseling, Pastor Bringman said he wondered what took us so long to come and see him (it was only two months.) He was pleased that we had already discussed some important topics while dating. One of the things we discussed was our financial giving to the church. In July 1988, we were married here with Pastor Bringman officiating. Ida Edwards and the Church Mice helped Elaine's mother, Rose, with our wedding reception.

**ERL:** Not long after we were married, Evelyn Seyffert invited me to help on the Altar Guild. There was and is a lot of work getting the sanctuary ready every week. Thank you, Jim.

**CCL:** Our involvement grew ... Elaine was a nursery attendant and I did sound and lights. Elaine joined the choir and I did sound and lights. Later, Elaine was an offering counter with John and Joan Doering. After a while, I started counting the offering also. I have served on the Endowment Committee. I now do the sermon recording, and help to maintain the St Peter's website that Shawn Morrow designed.

**ERL:** I was elected to the Endowment Committee for three years and then to the church council and was the Stewardship Chair when Carmell Fadden was Congregation President. I was a Sunday school teacher for about three months and nursery attendant for a while. I found out that teaching young children is not my calling. I do much better as a Shepherd for the Sunday school and the Snack coordinator for VBS. I am a crochet-er with the Prayer Shawl Ministry and a church mouse. I now schedule the ushers, greeters, and offering counters. I help Betty in the kitchen. (She taught me how to make coffee.) And most recently helping with the Interfaith Shelter Network.

**CCL:** Several times, St Peter's sent out time and talent sheets with the stewardship pledge appeal. Over the years as we did our stewardship pledge, we felt we could continue to increase our pledging and try new areas of ministries. Eventually, we gave 10% of net income to charity in general, with most of that going to the church.

**ERL:** Over the years, we heard and read several stories about tithing. Then in 2017, Pastor Karen during a sermon and told of her 10% giving. Charles accepted the challenge. I hemmed and hawed about pledging 10% of our gross pay. I worried and fretted. I argued and tried to persuade. Finally, I just had to believe God would provide. Since then I have found our finances are fine and we are even able to give beyond our pledge to other ministries like LSS, OBEF, and, Agape House just to name a few.

## Stewardship Moment Continued

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CCL: I hope our story shows how we started as minimally involved attenders and planted our roots and grew up to be more mature involved members. And the reason we were able to do that was because St Peters was here. And it was here because of all the pastors who served us and the other faithful people before us who made sure it would be here.

ERL: People you've heard of before in other stewardship talks, people like Marilyn and Bruce Tippie, Vi and Leon Matson, Ollie Otterstad, Ethel and Louis Ratajesak, Grace and Mert Ahlquist, Shirley and Ned Titlow, Joan and John Doering, Ida and Earl Edwards, Jan and Bob Williams, Dorothy Shumway, Carol and John Mehnert, Margaret and Carl Nesbitt, Evelyn Seyffert, Helen and Bud Ledbetter, and Ted and Henry Saleeby. And the many others whose names are escaping us.

CCL: These people not only made sure the bills were paid, but they supported the ministries of the church that were the "good soil". Good soil for the seeds of our membership to take root, sprout and grow. Now all of us...are the ones to provide the good soil for the next people who will one day come up here and tell their stories.

## 2018 Graduates

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Trent Webster will graduate from Point Loma High School and will attend UC San Diego, John Muir College, in the fall. His career goal is to be a high school math teacher. He was honored as an Aaron Price Fellows graduate, received a Ford Salute to Education scholarship and has applied for other scholarships and is awaiting results.

Elina Lorraine Pepper will graduate from Francis Parker High School and will attend Dartmouth College in Hanover, NH to study Chemistry and Finance. Elina's honors include: Cum Laude Society, National Merit Commended Scholar, AP Scholar with Distinction, and yearly selection for the Parker Honors with Distinction Award. Outside of the classroom, Elina is a four year starter for varsity soccer, named the most valuable player, the defensive player of the year, team captain, and a three year selection to the Coastal League All Conference Team. She has also been a member of the math team and the interact club. As a volunteer, she has worked as a teacher's aide during summer camp and with the Wounded Warrior Foundation.



Christina Doering will graduate from University City High School and will attend the University of Portland this fall. She plans to pursue a major in nursing, an interest spurred by her participation in a four-year Biomedical Sciences program throughout high school, during which she completed a 12-week internship at Scripps Green Hospital. This coming year, she hopes to become involved in various faith-based clubs, as well as outdoor pursuits and the dance team. She would like to thank the amazing community at St. Peter's by the Sea for being so supportive and loving for the past 18 years and for demonstrating what true stewardship looks like.

## The Importance of Better Sleep

Getting enough sleep is important not only because it helps you feel better during the day, but because it plays a critical role in maintaining your good health.

- Bad sleep is chronic. Poor sleep results in an increased risk of developing chronic conditions such as obesity, diabetes and high blood pressure.
- Hormones wreak havoc. Missing out on adequate sleep can lead to irritability, mood swings, cognitive impairment and slowed motor coordination.
- You don't have immunity for the next challenge. Lack of sleep can also affect your immune system, making you more likely to get sick.

### Power down your brain

Turning off your worries and thoughts is essential if you're going to sleep well. Meditation before bed can help sweep the debris in your mind into a corner. Making your bedroom a worry-free zone allows you to sleep freely. Keep everything that relates to work or stress in a separate room.

### Schedule a sleep appointment

Getting yourself into a routine where you go to bed at the same time and get up at the same time (even on weekends) will lull your body into the habit of regular sleep. Be very strict with your bedtime. When it's bedtime, just go to bed, no matter what. Soon your body will be on board and you will naturally fall asleep and wake up when you are supposed to.

Since we spend 33% of our lives asleep, improving sleep means improving one-third of your life — not to mention that those benefits carry over to when you're awake too!

### Make your bed for good sleep

The biggest factor in how well you're sleeping is your mattress. A mattress that is old or uncomfortable results in aches and pains, and sleep that is not as restful and restorative as it should be. If you're not waking up feeling refreshed and relaxed, it's time to take a look at your mattress and evaluate its condition.

- Lumps and bumps. A mattress that is uneven needs to be replaced.
- Rags to riches. If your mattress is visibly worn, tattered or stained, it is begging for an upgrade.
- Age discrimination. The life span of a mattress is no more than five to seven years. It's time to replace it once you reach that threshold.

### Secrets to a sweet sleep suite

If you want better sleep, work on making your bedroom welcoming to sleep.

- Cool it off. A bedroom should be between 65 and 67 degrees.
- Sleep unplugged. Your bedroom should be for sleep only, so keep laptops, tablets, smartphones and televisions out of your room.
- Create comfort. Make sure your bedroom is a space that feels welcoming and comfortable so it's a place you look forward to ending your day in.
- Props to pillows. Replace your pillows every year and be sure they are giving you the neck and spine support you need.

**Doctor Snooze**

Most people are able to achieve deep, restful sleep once they create a healthy sleep environment and routine. However, there are some situations in which you should seek medical help with your sleep. If you're sleeping 7 or 8 hours but are still sleepy during the day, have insomnia, find yourself falling asleep during important tasks, wake frequently during the night or you snore, seeing a medical professional can help you get the sleep you need.

**Endowment Committee**

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The Endowment Committee met on April 25, 2018. The Endowment Committee receives two checks each quarter which is the interest on two accounts. The total of these two checks represents the money that we distribute equally each quarter to four different grants: Mission and Program Grants, Outreach Grants, Educational Grants, and Building Grants. The principle is never touched, it simply continues to grow.

The total amount of interest that was available for distribution this quarter was \$3,641.54 and that divided by four equals approximately \$910 per grant.



The following is the breakdown of the Endowment Committee's distribution for April 25, 2018. Please know that under Outreach Grants/Loaves and Fishes the \$300 includes a \$10 request for matching funds.

<b>Mission and Program Grants</b>	
Navajo Evangelical Lutheran Mission	\$475.00
Agape House - "Chili Cook Off"	\$217.00
LRCC - Luther Glen Farm - for the "Take a Hike" Fundraiser to "raise a barn"	\$218.39
<b>Outreach Grants</b>	
MaMa's Kitchen - Pantry	\$300.00
Loaves and Fishes (OBEF)	\$300.00
Pacifica Synod Assembly - Synod Offering	\$310.39
<b>Educational Grants</b>	
St. Peter's Confirmation Camp	\$435.39
St. Peter's Preschool ELEA Conference	\$475.00
<b>Building Grants</b>	
Building Maintenance	\$910.37

**July is Endowment Month.** Please look forward to five Sundays of short informative talks regarding the Missions of the Endowment Fund.

**Our next meeting is Wednesday, August 1, 2018 at 7 pm.**

Kathy Rahilly  
Co-Recording Secretary

## Blessed Are Those Who Have Not Seen

A few weeks ago, we read John 20:19-28, the story of Jesus appearing to the disciples after his death. Thomas is not there the first time. Then Jesus appears again a week later, and Thomas is with them, and Jesus says, “Blessed are those who have not seen and yet have come to believe.”

Two things struck me about this passage.

First, there’s the obvious question: where was Thomas the first time? The apostles were hiding in a house with the doors locked “for fear of the Jews”. John 20:19. Was Thomas hiding too? Somewhere else on his own? Maybe. The Gospels don’t say. But personally I think there may be more to Thomas.

When Mary and Martha sent word to Jesus that Lazarus was ill, Jesus said to the disciples, “Let’s go to Judea.” The disciples pointed out that the Jews had just been trying to stone him. John 11:7-15. When Jesus was determined to go, it was Thomas who spoke up saying, “Let us also go, that we may die with him.” John 11:16. Hiding in fear doesn’t seem to be Thomas’s style.

Maybe instead he was alone because he was despondent: the person he was willing to die with was now dead, he’d seen the mutilated corpse (“unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hands in his side, I will not believe”, John 20:25), and he needed some time to himself.

Then there’s the striking second thing. Jesus says, “Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe.” John 20:29. I used to read this passage as a bit of a reproof of Thomas. But then I realized that Jesus isn’t comparing Thomas to the other disciples, because the other disciples had also seen him. They even say so: “We have seen the Lord.” John 20:25. And seeing Jesus didn’t change anything: even after they saw him, a week later they were still hiding, as paralyzed by their fear as Thomas was by his grief.

Instead, I think Jesus directed this statement at us. Jesus is looking straight out of the page at you and me and asking, “ok, dear reader, you’re the one who didn’t see me. Are you getting all this?”

We live in turbulent times. Sometimes it’s hard to watch or read the news and find a story that’s not frightening, depressing, or both. Like the disciples, we risk being paralyzed by fear or despondency. But there’s good news, dear reader: Jesus is there saying “peace be with you” and reminding you that you are blessed. You are the one who has not seen and yet has come to believe.

Jeff Cours, Evangelism Chair

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### Announcements

Congratulations to Kara Bleday! With her tasty Chili, St. Peter’s won second place at the 15th Annual *Hotter Than Thou* Chili Cook-Off on April 29th and was awarded the “Silver Ladle” award. Additionally, Kara was awarded “Best Presentation”!

With matching funds from our Endowment Committee, St. Peter’s raised over \$1200 for Agape House (Lutheran-Episcopal Campus Ministry at SDSU) in support of the students of San Diego State University.





Dear friends,

It's time again for TACO's Homeless Treasures Rummage Sale!

Saturday, June 23rd at Clairemont Lutheran Church

If you have items to donate, they can be delivered to Clairemont Lutheran Church Monday through Thursday, the week of June 18th. Please review list of accepted and non-accepted items below:

**REQUESTED ITEMS:**

**(clean, gently used, in working order with all parts and cords)**

Baby Items	Jewelry	Electronics
Collectibles	Linens	Books
Antiques	Tools	Records
Art	CDs, DVDs	Toys & Games
Plants	Holiday Decorations	Small Appliances
Sporting Goods	Household Items/Decor	Small furniture
"Like new" clothing	Rugs	Patio furniture

**We DO NOT take:**

Couches	Large appliances	Copiers
Magazines	Computers	Printers
Encyclopedias	Large electronics	Child car seats
Text books	Mattresses	Paints/chemicals
Microwave ovens	Speakers	Phones
Office Equip/furniture	VCRs	TVs (except flat screens)

For questions or to volunteer, please contact Martha Radatz.

Thank you,  
Nance Lovell  
Homeless Treasures helper



## ONGOING ACTIVITIES

YMCA Exercise Class  
**Monday & Friday mornings, 9 am**

Christian Service Day  
(Church Mice)  
**Tuesday mornings, 9:30 am - 12 noon in the Parish Hall**

Gentle Yoga  
**Tuesday mornings, 10 am (on maternity leave until July)**

Tai Chi Exercise Class  
**Tuesdays, 12:30 pm**

Women's Book Study  
**Third Tuesday of the month, 6 pm**

St. Peter's serves at TACO  
**First Friday of the month, 8:30 am**

Men's Book Study  
**Alternate Saturday mornings, 8:30 am**

Confirmation Class  
**First Sunday of the month, 11 am**

Dear Pastor Marohn,

Thank you so much for allowing us to use your church for our Town Hall. It meant the world to us. We are so grateful for everything.

Thank you,  
Katherine Burgess and Chloe Murray  
*Town Hall for Our Lives*

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St. Peter's by the Sea Congregation,

All of us at TACO (Third Avenue Charitable Organization) want to thank you so much for your generous support throughout the years. Your monthly visits have a large impact on our guests, and I often see firsthand the real impact your donations make.

We are blessed to have your support, and look forward to many more years working together,

Brad Young  
TACO Volunteer Coordinator

Dear friends from St. Peter's by the Sea,

We want to take the time to sincerely thank you for your participation and donation to the Chili Cook-Off and Cookie Chill-Off on April 29th. As you know, this event supports our efforts to provide a place for young adults to explore their faith and call to service at San Diego State University, and your \$1,236.25 contribution helps us get one step closer to our goal.

Congratulations to St. Peter's and Kara Bleday for your 2nd place Chili "Silver Ladle" and "Best Presentation" award.

Thanks again for your generosity and support,  
From the Agape House Community, Staff, and Board

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Rev. Marohn and Congregation,

We are grateful for your support of LSS and for the difference your donations have made to so many people. We could not provide these services without your faithful and dedicated contributions.

Debi  
Lutheran Social Services of Southern California (LSS/SC)

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### LRCC Fundraiser

What's a farm without a barn? Imagine a school without any classrooms or a house without a kitchen. A farm without a barn is incomplete. LRCC (Lutheran Retreats, Camps, & Conferences) is building a barn at Luther Glen and they need your involvement.

LRCC is having a Barn Raising Fundraiser at Luther Glen on June 9th from 3:00 – 8:00 p.m. and it's your opportunity to see Luther Glen, enjoy fellowship with the community and help raise enough money to begin building the Luther Glen Barn!

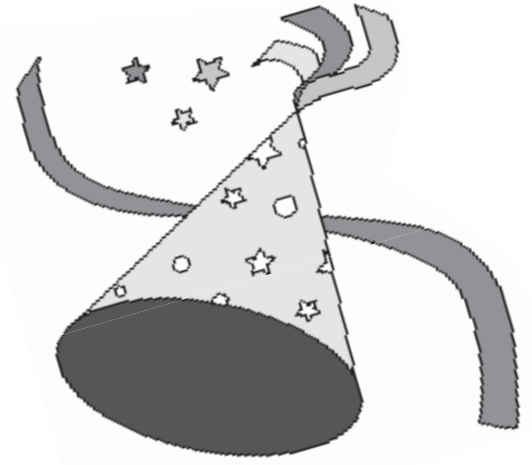


- 3:00 - 5:00 p.m. Activities/Silent Auction
- 5:00 - 5:30 p.m. Presentation/Blessing
- 5:30 - 6:30 p.m. Dinner
- 6:30 p.m. Live Auction

To RSVP for the event, make an online donation or for more information, go to:  
[www.lrcchome.com/barnraising](http://www.lrcchome.com/barnraising)

# J U N E B I R T H D A Y S

- |                    |                     |
|--------------------|---------------------|
| 2 Jack McDonnell   | 25 Peter Bleday     |
| 2 Ryder Nielsen    | 25 Diane Bultemeier |
| 2 Dean Sutter      | 26 Maggie Box       |
| 4 Jenni Doering    | 26 Katie Lepis      |
| 5 Avery Gilsdorf   | 28 Beckett Bleday   |
| 7 Samantha Coon    |                     |
| 11 Joan Allton     |                     |
| 14 Jacob Fortune   |                     |
| 14 Malia Fortune   |                     |
| 14 Steve Fullerton |                     |
| 15 Lyle Beller     |                     |
| 24 Jane Hildebrand |                     |



## In Memorium

*We remember those who have recently died and keep their families in our prayers. Christian sympathy is offered to the families and friends of:*

- May 1 – Della Rockwell

## In Our Prayers

Prayer leads you to see new paths and to hear new melodies in the air. Prayer is the breath of your life which gives you freedom to go and stay where you wish and to find the many signs which point out the way to a new land. Praying is not simply some necessary compartment in the daily schedule of a Christian or a source of support in time of need, nor is it restricted to Sunday morning or as a frame around mealtimes. Praying is living.

*Henri J. M. Nouwen  
from "With Open Hands"*

**We keep the following members of St. Peter's in our prayers:**  
*James, Bobbi, Daniel, Jane H.*

**Our homebound members and those in care facilities:**  
*Keith, Ann R., Leon, Ivy, Wayne, Dora, Beverly, Dante*

**Our members with on-going concerns:**  
*Kevin, Rose, Steve F., Mary, Ann Z., Sandy C*

**Our military, police, fire fighters, and first responders**

Thanks to all who regularly pray for the needs of our parish.

To request prayer please contact the church office or write your request on a welcome card on Sunday. Names of loved ones require regular updates to keep our intercessors informed of the continuing need.

Thank you.



St. Peter's By The Sea Lutheran Church  
1371 Sunset Cliffs Blvd.  
San Diego, CA 92107-3897

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Change Service Requested

