

WOMEN'S RETREAT 2025

POINT LOMA CHURCH IN CONJUNCTION WITH ST. PETER'S CHURCH

Lift Up Your Hearts.

January 24-26, 2025

The Dana on Mission Bay

[POINTLOMACHURCH.ORG/REGISTER](https://pointlomachurch.org/register)

A NEW HEART I WILL
GIVE YOU, AND A NEW
SPIRIT I WILL PUT
WITHIN YOU; AND I
WILL REMOVE FROM
YOUR BODY THE HEART
OF STONE AND GIVE
YOU A HEART OF FLESH.

EZEKIEL 36:26

Lift Up Your Hearts .

Sometimes it feels like the only way to make it through this life is to steel our hearts. We strategize how to say the right things to make it through the holidays without a fight or we carefully craft our attack to be sure we win the argument. We cover up parts of who we are to avoid conflict. We wear all kinds of armor to make ourselves look bigger or better or tougher or more put together than we are in order to stay safe. We guard our hearts from risk and loss and hurt, even to our own detriment. We live defended until one day, the blood can hardly flow in us because our hearts have hardened to stone.

But what if there's another way? Throughout the retreat, we will explore the ways that in Christ we are already safe, secure and perfectly free to let our hearts be fleshy, open, and alive. We'll explore the ways that so often our defenses harden us off from the life that God has for us and how God is always at work breaking open the stone to return our hearts to flesh so that we can lift them up and out for the sake of the world.

Retreat Cost \$230

This includes retreat meals, meeting facilities and all other costs of the retreat other than accommodations. Pay online by scanning the QR code below or by checks payable to PLCPC mailed to Nancy Wildman, 2380 Rosecrans Street, San Diego, CA 92106 or brought to Point Loma Church. For scholarships, contact Nancy Wildman at wildone@cox.net or 619.850.5101.



Scan the QR Code to Register

OR VISIT [POINTLOMACHURCH.ORG/REGISTER](https://pointlomachurch.org/register)



POINT LOMA CHURCH
2128 Chatsworth Blvd, San Diego, CA US 92107
pointlomachurch.org



Guest Speaker

Pastor Bekki Lohrmann

ST. PETER'S BY THE SEA LUTHERAN CHURCH

Hailing from the east coast, born and raised in Central PA and Upstate NY, Bekki attended Valparaiso University where she received a BA in Theology and the Lutheran School of Theology at Chicago where she received her Master of Divinity. She has served in three contexts: a small congregation in Joliet, IL, Holden Village which is a wilderness retreat center in the North Cascade Mountains of WA, and now St. Peter's by the Sea Lutheran Church in San Diego. She loves worship, liturgy, theology, preaching, comedy and has a heart for justice and is active in community building in San Diego.

Venue

THE DANA ON MISSION BAY
1710 WEST MISSION BAY DRIVE, SAN DIEGO, CA 92109 • 619-222-6440

Staying at the hotel

Attendees will have the option to stay at the retreat or go home each night. Hotel reservations must be made separately by January 10, 2025 (we recommend reserving well ahead of this cut off to insure availability of your desired room and rates).

Room rates for Friday and Saturday are \$149 + taxes per night for a standard room

If you'd like to extend your stay, room rates for Thursday and Sunday are \$129 + taxes per night for a standard room

Upgrades available at discounted rates

Note: there are no elevators on the property except in the 3-story building on the Bay with upgraded rooms. If you need a ground floor room, please call to reserve and express this preference. There are no resort fees. Be sure to reserve early!

Parking

Parking onsite at The Dana is \$10/day for both hotel guests and retreat attendees. Free parking available in the city lot adjacent to The Dana.

Reserve Your Stay

Scan the QR code to book online.



Or call The Dana on Mission Bay at 800-455-3339 and mention being part of the "PLCPC Women's Retreat."

Please call the hotel with any issues with reserving online.

Schedule

A DETAILED SCHEDULE WILL BE IN YOUR WELCOME PACKET

Friday JANUARY 24

4:00pm Hotel guest check-in
6:00pm Retreat check-in
6:30pm Welcome session

Saturday JANUARY 25

8:00am Breakfast
9:15am Morning session
11:00am Free time
11:45am Lunch
1:15am Activities
Your choice!
4:15pm Afternoon session
5:30pm Cocktail fellowship
and dinner
7:30pm Bingo

Sunday JANUARY 26

8:00am Breakfast
9:30am Worship service
11:00am Hotel check-out

In January you will receive a more detailed schedule of activities and times, and a list of what to bring!

For additional information contact Retreat Co-Chairs Marjorie Burchett or Ellie Anderson at marjorieburchett@cox.net or 12eanderson@gmail.com.



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